

BEGINNERS GUIDE (WASHING/ABLUTION) WUDHU

Ibadaah (Worship)

↳ Tahaarah (Cleanliness)

↳ Wudhu (Washing)

WHAT'S RECOMMENDED

Remain Pure: do wudhu before you eat, sleep, when you wake up, before studying, before making du'a, before going to your wife/husband and after eating camel meat and for forgiveness after you have sinned and after laughing aloud

Pray 2 units of prayer (Nawafil Rakah) after Wudhu

WHEN TODO WUDHU?

1. Need to Pray, Read the Qur'an and to do Tawaf (go around) the Holy Ka'ba in Makkah
2. You are a sane Muslim and have reached puberty
3. There is enough water, when there isn't enough water you must do dry washing (Tayamum)
4. Not in menstruation and postnatal bleeding
5. Have enough time

REMEMBER

1. Wudhu can only be done with clean fresh Water
2. Water MUST reach the skin

HAVE TO (FARD)

1. Wash hands, arms and elbows, once
2. Wash face, ear to ear, forehead to chin, once
3. Wash feet and ankles, once
4. Wipe a quarter of your head, once

SHOULD DO (SUNNAH)

1. Make intention
2. Recite Bismillah
3. Wash hands to your wrists 3 times
4. Brush your teeth with miswak
5. Gargling 3 times
6. Rinsing nose and nostrils 3 times
7. Washing beard
8. Washing in between toes and fingers
9. Washing each part 3 times
10. Wiping the whole head once
11. Wiping ears once
12. Following the correct order
13. Wash each part, without pausing

GOOD TO (MUSTAHAB)

1. Begin with the right
2. Wipe the neck
3. Do it yourself
4. Face Qiblah
5. Sit on a high, clean place

OKAY TO (MUBAH)

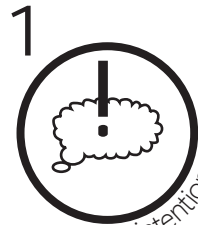
1. Touch private parts over a cloth

SHOULDN'T DO (MAKROOH)

1. Make Wudhu in a dirty place
2. Talk of worldly/everyday things
3. Do Wudhu against the sunnah
4. Waste and splash water

BREAKS WUDHU (NAWAQID)

1. Urine/stools/breaking wind
2. Vomiting, with full mouth
3. Sleeping when leaning
4. Flowing blood & Puss from the body
5. Laughing during Prayer
6. Semen etc flowing from private parts requires Ghusul (a bath)



say "Bismillah" and make intention for Wudu



wash your hands, wrists and in between your fingers, 3 times, right hand first.



rinse your mouth, gargle, and brush your teeth, 3 times, it is recommended to use a Miswak.



rinse your nose, and nostrils, 3 times



wash your face, ear to ear, forehead to chin, 3 times, if you have a beard you must thoroughly wash the skin underneath it



wash and rub your arms and elbows, 3 times, right arm first



wipe your head, neck and ears (masah)



wash your feet and ankles, 3 times, right foot first and wash in between your toes and behind the ankles



recite "Kalimah Shahadaah" "Ash hadu an La Illah ha Il Allah, wa Ash hadu anna Muhammad-an Abduhu wa Rasul uhu"

KEY:



MUST DO (FARD)



SHOULD DO (SUNNAH)

IN ENGLISH

Bismillah
In the name of Allah (swt)

Bismillah-hir Rahman-nir Raheem
In the name of Allah (swt) the most gracious, the most merciful (also called Tasmiyah)

Masah
to wipe

Kalimah Shahadaah
the word of declaration

Ash hadu an La Illah ha Il Allah,
wa Ash hadu anna Muhammad-an
Abduhu wa Rasul uhu
I bear witness that there is no God but Allah and Muhammad is the slave and messenger of Allah.